

Winter POLA Seabag List

Current NSCC ID Card is a must, no exceptions

<u>ITEM</u>	<u>QTY</u>	<u>M/F</u>	<u>ITEM</u>	<u>QTY</u>	<u>M/F</u>
<i><u>Uniform Items</u></i>			<i><u>Athletic Gear</u></i>		
Combination Cover	1	F	Athletic Shorts-(Black or Dark Blue)	2	M/F
Dixie Cup ** Make sure its white and clean**	1	M	Shoes, tennis	1	M/F
Dress Blues Jumper, Neckerchief, Trousers (Crackerjacks)	1	M	<i><u>Personal Hygiene items</u></i>		
Dress Blues Jacket, Blouse, Trousers, belt	1	F	Deodorant (no spray cans)	1	M/F
Navy Ball Cap	1	M/F	Talcum or baby powder	1	M/F
Dungaree Pants	3	M/F	Anti-Fungal Foot Powder	1	M/F
Dungaree Shirt	3	M/F	Soap and Soap Dish	1	M/F
Belt, Black with Silver Buckle	1	M/F	Shaving Kit as needed	1	M/F
Rain Coat (optional)	1	M/F	Shampoo/ conditioner	1	M/F
Working Jacket or Pea Coat (a must!)	1	M/F	Tooth Brush and Tooth Paste	1	M/F
Under shorts, cotton (must be white)	9	M	Hairbrush and comb	1	M/F
Underwear and bras (must be white)	9	F	Black hair ties only	10	F
Plain white crew neck t-shirts	9	M/F	Feminine Hygiene Supplies	REQ	F
Black socks	9	M/F	Shoe Shine Kit	1	M/F
White socks, athletic	9	M/F	Sewing Kit	1	M/F
Shoes, black leather only- well broken in	1	M/F	Bath Towels (MUST be WHITE)	2	M/F
Shoes, shower (flip flops) A MUST!!!	1	M/F	White Wash cloths	2	M/F
Black Gloves	1	M/F	<i><u>Additional Gear</u></i>		
Black Scarf	1	M/F	Sea bag (No Suitcases!!!!)	1	M/F
<i><u>Supplies</u></i>			Inexpensive camera (optional)	1	M/F
Spending money, as needed min \$50		M/F	Locks with 2 keys w/neck chain	2	M/F
Stationary(paper/stamps/envel.) REQUIRED	4	M/F	Flashlight w/second set of batteries	1	M/F
Pillow case or laundry bag for dirty clothes	1	M/F	Coat Hangers (plastic)	6	M/F
Spiral Notebook, 1 Subject w/binder holes	1	M/F	Canteen & Belt	1	M/F
Ball point black ink pens	4	M/F			

Important information- must read

Boots are not needed at this training, don't bring them.

Cadets are **responsible for their own spending money** - KEEP IT LOCKED UP!

NSCC Flashes on all outer garments (except Raincoat), including Jumpers and Shirts

Cadet's last name must be stenciled over right shirt pocket on dungaree shirts

Cadet's last name must be stenciled on right hip pocket of dungarees

Do not cross out previous names, cover with like denim color patches and then stencil your name

White lettering on blue name tapes are also acceptable to cover previous names

All other **items will be marked** with Cadet's last name & last 4 digits of SSN# on manufacturer's label

Cadets are reminded not to bring candy, gum, magazines, weapons or other contraband items

Shaving gels such as Edge are allowed but all other aerosol cans are forbidden

Prescription or over the counter drugs of any kind are prohibited unless preapproved, and must be turned in during check-in

Get a hair cut before coming to POLA according to the regulations or one will be given to you at the cost of \$7

No bed linen or blankets needed